

**Saturday, June 26, 2010**  
Crocker Park • 25 Main Street • Westlake, OH

**Race Times**

5K Run & 3K Walk: 9:00AM  
1 Mile Kids Run: 10:15AM

**Registration**

On-line: until June 24<sup>th</sup> at 10:00AM  
[www.hermescleveland.com](http://www.hermescleveland.com)

Or mail to:

*Hermes Sports & Events*  
1624 St. Clair Avenue  
Cleveland, OH 44114

\*\*\*must be received by Wednesday, June 23<sup>rd</sup>\*\*\*  
Same Day Registration  
7:30AM to 8:45AM

# 10K Run For the 20 Young

At Crocker Park

**Proceeds to benefit Fitness and Nutrition Programs for  
Youth in our Community**

**Race Course**  
Beginning and ending at Crocker Park. The course  
will take runners through Westlake

**Awards**

**5K Run:** \$500 for 1<sup>st</sup> place male and female  
\$300 for 2<sup>nd</sup> place and \$100 for 3<sup>rd</sup> place male and female  
Trophy awards for top three finishers in each division  
**3K Walk:** Awards for top three male and female  
**Free 1-Mile Kids Fun Run:** Trophy for all participants



Age divisions for 5K run: 14& under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70& older  
(Please Print)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_/\_\_\_\_\_ Sex: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age (day of race) \_\_\_\_\_

Are You an Employee of the Cleveland Clinic Health System? \_\_\_\_\_

Do you belong to a local Recreation Department/YMCA? If yes - Please list: \_\_\_\_\_

**Packet pick-up and Late Registration  
Runner's Pasta Party**  
Friday, June 25<sup>th</sup>  
4:00PM – 7:00PM  
At Crocker Park  
Main Street  
Between Center of the Universe & Regal Cinemas

Checks payable to: **Hermes Sports & Events** (credit card option only available for on-line registrations)  
1<sup>st</sup> 500 runners will receive a t-shirt. Kids will receive a t-shirt and award for completing the 1 mile run

**Entry Fees (NO REFUNDS)**

Event	Pre-Registration	Day-of-Registration
<input type="checkbox"/> 5K Run	\$18	\$20
<input type="checkbox"/> 3K Walk	\$15	\$18
<input type="checkbox"/> 1 Mile Kids Run	No Charge	No Charge

T-Shirt Size **Youth** M (10-12)  L (14-16)  **Adult** S  M  L  XL  XXL

By signature, I attest that I am physically fit and sufficiently trained to participate in this event, I have full knowledge of the risks involved. I further acknowledge that the race course may contain uneven surface conditions, including but not limited to potholes, curbs, sewer covers, and tree roots, which may create a risk; I further acknowledge that at least part of the race course is on public roads and that vehicular traffic may be encountered, and I accept these risks. Therefore, in consideration of the acceptance of this entry, I for myself, my executors and administrators waive, and release any and all rights and claims for damages I may have against Crocker Park, Hermes Sports & Events, Sponsors, Contributors, and any and all individuals associated with this event and will hold them harmless for any and all injuries I may suffer in conjunction with this event.

Signature of Participant (Parent or Guardian for entries under 18 years old) \_\_\_\_\_ Date \_\_\_\_\_