



# Villa Angela-St. Joseph High School

7th Annual

# ESCAPE ON THE LAKE

## 5K RUN/1-MILE WALK

[vasj.com/escapeonthelake](http://vasj.com/escapeonthelake)

### Saturday, July 7, 2018

## Villa Angela-St. Joseph High School

**LOCATION:**

Start at **Villa Angela-St. Joseph High School**  
(18491 Lakeshore Blvd. Cleveland, OH 44119)

**TIME:**

7:30 a.m.  
On-site registration/Packet Pick Up

9:00 a.m.  
5k/1-Mile Walk Begins

*\*All pre-registered participants are guaranteed a free t-shirt. Shirts are subject to availability for race-day registration.*

**FEE:**

**\$25 Pre-Registration for all age groups** (mail-in registrations must be received by July 5)

Online registration will close on Friday, July 6, at 9 a.m.

**\$30 race-day registration**

**AWARDS:**

5K: Top overall male and female and three deep (male and female) in the following age groups: 9 & Under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+

**REGISTRATION FORM:** Please complete one form per person.  
Send application & check to: Hermes Sports & Events, 2425 W. 11th St., Suite 2, Cleveland OH 44113

**NAME:** \_\_\_\_\_

**GRADUATION YEAR (if alum):** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**EMAIL ADDRESS:** \_\_\_\_\_

**BIRTHDATE:** \_\_\_\_\_

**AGE ON DAY OF RACE:** \_\_\_\_\_

**SEX:** Male  Female

5K Run:  1-Mile Walk:

**T-SHIRT (Circle One):** S M L XL XXL

**ADDITIONAL DONATION:** \$ \_\_\_\_\_

**PARTICIPANT SIGNATURE:** \_\_\_\_\_  
PARENT/GUARDIAN IF UNDER 18 YEARS OF AGE

*In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Northeast Shores Development Corporation, Villa Angela-St. Joseph High School, Hermes Sports and Events, Cleveland Metroparks, City of Cleveland, their representatives, successors, and assigns for any and all injuries suffered by me in said event or in transit to and from said event. I further attest that I am physically fit and have sufficiently prepared for this event. I will additionally permit the use of my name and/or pictures in Villa Angela-St. Joseph High School or Northeast Shores publications.*

*\*All children must have adult supervision at all times.*

