



START

Villa Angela-St. Joseph High School
 18491 Lakeshore Blvd.
 Cleveland, OH 44119

FEE

\$20 Pre-Registration for all age groups (mail-in registrations must be received by Weds. July 5). Online registration will close on Friday, July 7, at 9 a.m.

\$25 race-day registration

TIME

7:30 a.m.: On-site registration/Packet Pick Up
 9:00 a.m.: 5k/1-Mile Walk Begins

AWARDS

5k: Top overall male and female and three deep (male and female) in the following age groups: 9 & Under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+.

**All pre-registered participants are guaranteed a free t-shirt. Shirts are subject to availability for race-day registration.*

Name: _____	Birthdate: _____
Address: _____	Age on day of race: _____
City: _____ State: ____ Zip: _____	Sex: Male <input type="checkbox"/> Female <input type="checkbox"/>
Phone: _____	Chip Timed 5K Run: <input type="checkbox"/> 1-Mile Walk: <input type="checkbox"/>
Email Address: _____	T-Shirt Size: S M L XL XXL (circle one)
<i>In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Northeast Shores Development Corporation, Villa Angela-St. Joseph High School, Hermes Sports and Events, Cleveland Metroparks, City of Cleveland, their representatives, successors, and assigns for any and all injuries suffered by me in said event or in transit to and from said event. I further attest that I am physically fit and have sufficiently prepared for this event. I will additionally permit the use of my name and/or pictures in Villa Angela- St. Joseph High School or Northeast Shores publications.</i>	Additional donation: \$ _____
<i>*All children must have adult supervision at all times.</i>	Please complete one form per person.
Participant Signature (or Parent/Guardian of participant if under 18): _____	SEND APPLICATION AND CHECK TO: HERMES SPORTS & EVENTS 2425 W. 11th St., Suite 2 Cleveland 44113



HOSPICE OF THE WESTERN RESERVE

