



HY-5: HYLAND 5K RUN TO BENEFIT METROHEALTH

Please join us on **Saturday, May 19**, for the 10th annual 5K Run and 1 Mile Walk in support of MetroHealth’s vital role in our region.

DETAILS:

Now - May 17 **Pre-registration** [\$20]
Online www.hermescleveland.com
By mail Hermes Sports & Events
2425 West 11th St., Suite 2
Cleveland, OH 44113

May 18
4:00-6:00PM **Packet pick-up**
On-site registration [\$25*]

12 and under Discounted registration [\$10]

Activities Live band, breakfast and more!

Location Hyland
28500 Clemens Road
Westlake, OH 44145

Questions Call Hermes at 216.623.9933

RACE DAY STARTING TIMES:

7:00AM On-site registration [\$25*]

9:00AM 5K chip-timed run

9:05AM 1-mile walk

AWARD CATEGORIES:

Top Overall Male and Female

Top Overall Male and Female Masters (40+)

Top 3 Male and Female in the following:

14 and under	40-44
15-19	45-49
20-24	50-54
25-29	55-59
30-34	60-64
35-39	65 and over

*If registering by mail or on-site, please make checks payable to Hermes Sports & Events.

Sponsors:



I hereby understand that upon my entry into the Hy-5: Hyland 5K Run & 1 Mile Walk, I waive any and all claim for damages that I may have against Hermes Sports & Events, The MetroHealth System, The MetroHealth Foundation, Inc. and Hyland Software Inc., promoters, sponsors, or any other parties involved in the production or this race, in regards to any and all injuries suffered by me while running, traveling to or from, or participating in this event, for myself, my heirs, and or assignors. I give full permission to Hermes Sports & Events, Inc. and their sponsors and corporate partners to use any photographs, videotapes, or other recordings of me that are made during the course of the event.

Name D.O.B. Age Sex

I work for Hyland MetroHealth Other.....

Address.....

City State..... Zip Code

Phone Email

Signature (Parent/Guardian if under 18 years)

Please check the event in which you are participating: 5k Run 1 mile walk

Performance running shirt size: S M L XL 2XL 3XL 4XL [circle one]

I have enclosed an additional donation to MetroHealth in the amount of \$