

10th Annual "Jog Into Spring" Renee' Roche Memorial

5K Run – 1 Mile Walk
Saturday, March 31, 2012



Premier Sponsors



Place: Race begins and ends at the Independence Civic Center, 6363 Selig Rd., Independence – Brecksville Rd., West on Selig and turn right onto Kathy Lynn Drive. The Civic Center is on the left-hand side. *Parking is available at the site.*

Time: Registration & Packet Pickup: 8:00 a.m.
5K Run / 1 Mile Walk: 9:00 a.m.

Entry Fee: \$18.00 pre-registrations / \$23.00 race day registrations
Includes long sleeve *Sport Tech* T-shirt
(Online registration with minimal processing fee at www.hermescleveland.com)
\$50 Family rate (4 or more. Mail in registration only)



Awards: Award given to Top Overall Male and Female runners.
Runners finishing in the top three in each age group will receive awards.
Age Groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+, Clydesdale (Men, 200+ lbs.), Athena (Women, 150+ lbs.) **Note: Winners are responsible for obtaining their plaques at the Independence Middle School if they are not present at the conclusion of the race.*

Benefit: All proceeds will go to the Renee' Fontana Roche Memorial Scholarship / Garden Fund and Living Classroom. Additionally, there will be a **raffle on-site with prizes** from local restaurants, movie theaters and sponsoring companies. **HOPE TO SEE YOU THERE!**

Name: _____ **Address:** _____
City: _____ **State:** _____ **Zip:** _____
Home Phone: _____ **Male:** _____ **Female:** _____ **DOB:** _____ **Age on Race Day:** _____
E-mail: _____

T-shirt size (circle one): S M L XL XXL **Event:** 1 Mile Walk: _____ 5K (chip timed): _____ Clydesdale _____ Athena _____

****To commemorate the 10 year anniversary of this event, long-sleeve Sport Tech T-shirts will be provided****

Mail must be postmarked by Wednesday, March 28, 2012.
Online pre-registration closing is 10:00 a.m. Thursday, March 29. Make checks payable to:
HERMES SPORTS & EVENTS
1624 St. Clair Ave., Cleveland, OH 44114
For more information call 216.623.9933 or visit www.hermescleveland.com

**REGISTER EARLY TO
GUARANTEE A SPECIFIC LONG
SLEEVE SPORT TECH
T-SHIRT SIZE!**

By my signature, I attest that I am physically fit and sufficiently trained to participate in this event. I have full knowledge of the risk involved. Therefore, in consideration of the acceptance of my entry in the Jog Into Spring race, I for myself, heirs, executors and administrators waive and release any and all rights and claims for damages I may have against the Independence Local Schools, Hermes Sports & Events, City of Independence and any other individuals associated with this event and will hold them harmless for any and all injuries I may suffer in connection with this event.

Signature: _____ **Parent's or Guardian's Signature (if under 18)** _____

Additional Donations: _____ \$1.00 _____ \$5.00 \$ _____ \$10.00 _____ Other