



The 1<sup>st</sup> Annual  
**Moms Rock 5K**  
5K Run and Kid's Dash

**SUNDAY, MAY 13, 2018**

**Market Square**  
**239 Market Street**  
**Westlake, Ohio 44145**



**RACE DAY SCHEDULE**

Registration opens at 7:30 AM  
Kids Dash at 8:20 AM  
5K begins at 8:30 AM

**ENTRY FEES**

<b>Pre-Registration</b>
5K- \$30
Family Reg (2 or more): \$25
Kids Dash - \$10 (ages 3-6)

<b>Race Day</b>
5K- \$35
Kids Dash -- \$15 (ages 3-6)

**5K AWARDS**

Top three moms receive special award  
Top three males and females in age groups

**DETAILS**

Family registration forms must be mailed and received together  
Custom race t-shirt  
Post-race food and refreshments

**KID'S DASH**

Kids age 3-6 can participate in 130 meter dash  
Registration includes kid's race and goodie bag.

Questions? Call or visit Hermes Sports & Events at 216.623.9933 [www.hermescleveland.com](http://www.hermescleveland.com)  
Mail in forms must be received by Wednesday, May 9<sup>th</sup>.

Online registration closes at 8:15am Sunday, May 13<sup>th</sup>

**Please return completed form and make checks payable to:**

Hermes Sports and Events  
2425 W. 11<sup>th</sup> Street Suite #2  
Cleveland Ohio, 44113

Name: \_\_\_\_\_ Gender (circle one): M / F Event (circle one): 5k / Kid's dash

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City / State / Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ T-Shirt Size (circle one): YL S M L XL XXL

I hereby understand that upon my entry into the Moms Rock 5K and Kid's Dash, I waive any and all claim for damages that I may have against Hermes Sports & Events, the City of Westlake, Crocker Park, promoters, sponsors, or any involved in the production of this race in regards to any and all injuries suffered by me while running, traveling to and from, or participating in this event, for myself, my heirs, and or assignors. I give permission for the free use of my name and picture in any broadcast, telecast, or print media account of this event.

Signature of Participant \_\_\_\_\_ Date: \_\_\_\_\_

(Parent or Guardian if participant is under 18 years of age)