

REGISTRATION FORM

2nd Annual Monster Mutt Dash 5K Run & 1 Mile Fun Walk Saturday, October 10th, 2009

Coe Lake Pavillion, Berea OH
Race Day Registration Begins at 8:45am
Both Distances Begin at 10am
Howl-O-Ween Afterparty until 2pm

ONE FORM PER PERSON, PLEASE PRINT CLEARLY

LAST NAME _____

FIRST NAME _____

STREET _____

CITY/STATE/ZIP _____

PHONE: _____

E-MAIL: _____

AGE: _____ GENDER: _____ M _____ F

Please check one: _____ **5K Run** _____ **1Mile Walk**

**Register before October 2nd
to receive an event t-shirt**

Shirt size (please circle one)

Adult **S** **M** **L** **XL** **XXL**

Pre-registration fee: \$20 per person by Oct. 2
(Day-of registration fee: \$25 per person)

Payment Method: (please check one)

Check: Check # _____ Check Date _____

Please make checks payable to
Hermes Sports & Events, include
participant and event names and mail to:

Hermes Sports and Events
ATTN: Monster Mutt Dash -
1624 St. Clair Ave., Cleveland, OH 44115

Credit Card: Please register online at
hermescleland.com

Waiver:

All persons participating in the ARF Monster Mutt Dash event are required to read, agree to and sign the waiver below before participating. I agree to and assume all risks involved in participating in the ARF event and do for myself, my heirs, executors, administrators, and assignees waive, release and forever discharge any and all rights, claims or liabilities which I may have or which hereafter accrue to me against ARF and all sponsors, and their representatives, successors and assignees arising out of my participation in this event.

Participants Signature

Date

(Parent/Guardian's signature if participant is under 18)



PLEASE TEAR OFF THIS COMPLETED FORM AND MAIL WITH PAYMENT BY OCTOBER 2ND TO HERMES SPORTS AND EVENTS.



Bark, Get Set, GO!

**Grab your favorite Mutt and a leash
and get ready to have some healthy fun!
(Pets welcomed, but not required)**

Please show us your support!

Your entry fee and fundraising efforts help Berea ARF continue to provide our services to the many homeless animals of the area. Your support really makes a difference!!!

For more information contact:

fundraising@bereaanimalrescue.com

How do I get started?

1. Complete & submit registration form here or online at hermescleland.com/roadracing/
2. Get sponsors. It's easy! Your family and friends will want to sponsor you with a single, generous, tax-deductible gift.
3. You can collect sponsors / funds in person with the printed forms and/or by credit card on line. For more info please visit bereaanimalrescue.com

Q & A

How do I ask someone to sponsor me?

Fill in your own pledge first and others will follow. Most people will want to support you. Just ask family, friends, acquaintances, co-workers, neighbors, teachers, students, customers, vendors... please use your address book! You may make more copies of the form for additional sponsors.

Do I have to get sponsors?

No you do not, yet by doing so you will help many more homeless animals.

I can't be there that day, can I still raise funds?

Yes! You can raise funds online or send your pledge form and funds in the mail.

How can I multiply my pledges?

Many corporations will match charitable contributions. Check with your employer! You may be able to double your pledges or more by taking advantage of this option.

LOCATION

The Monster Mutt Dash 5k run/ 1 mile fun-walk and Howl-O-Ween after party will be held at the scenic Coe Lake Pavilion/Gazebo in Berea Ohio. Behind Berea City Hall - 11 Berea Commons - Berea, Ohio 44017

COURSE DISTANCES

5K Run (3.1 miles) and a **1 Mile Fun Walk**

REGISTRATION

Registrations are per person. Fees are the same for **5K Run** and **1 Mile Fun Walk**.

- **\$20 / Pre-registering by Oct. 2, 2009** guarantees you an official Monster Mutt Dash t-shirt.
Pre-register by mail: please complete the registration part of this flyer and send to address listed or On-Line at hermescleland.com
- **\$25 / Event Day Registration:** Come to the Registration table between 8:45-9:45 am the day of the race. (race t-shirt not guaranteed)

5K RACE DIVISIONS

Both Male and Female

- 15 and under
- 16-20
- 21-25
- 26-30
- 31-35
- 36-40
- 41-45
- 46-50
- 51-55
- 56-60
- 61 & Over
- Wheelchair
- Mutt with partner

The **1-Mile Fun Run** is non-competitive.

AWARDS CEREMONY

Ceremony is immediately following the race and will include awards for the top 5K finishers!

Awards

- Overall male and female
- First, second, third place male/female in each category
- Top mutt with male runner & female runner
- Top male & female wheelchair roller



RACE DAY SCHEDULE OF EVENTS

Saturday, October 10th, 2009

8:45-9:45am:

On-site Registration and packet pickup

10:00 am: Race Start

Water, fruit and bakery will be provided for all participants.

7TH ANNUAL

HOWL-O-WEEN AFTERPARTY

FOLLOWING RACE FINISH:

11:00 AM UNTIL 2:00 PM

Join us after the race/walk for our 7th Annual Howl-O-Ween After Party with whimsical costume contests and doggie parade, agility contests, fun games for dogs and people, food, vendors, pictures with your pet and more! Beverages and snacks will be provided. After-party is open to the public!

A PET FRIENDLY DAY OF EVENTS!

KEEPING IT SAFE:

- Well behaved/social pets are welcome.
- All Participants must sign event waiver.
- All dogs must be current on their vaccinations and licenses.
- All dogs must be leashed at all times on a leash no longer than 6 ft.
- No retractable leashes permitted.
- Puppies under 6 months may not compete in the 5K run.
- No female dogs in heat please

At the discretion of the event officials, dogs whose behavior is unruly or might prove hazardous to other participants, dogs, or spectators, may be requested to leave.

Strollers for babies or dogs are allowed.

Please be responsible and courteous and be sure to clean up after your pet.

