


15th Annual **Neighborhood Run** **Saturday, June 10, 2017**

Join us for a 5K Run or 1 Mile Walk through Lakewood!

The Run & Walk starts and ends at Lakewood Park. 

The course is flat and paved for wheelchairs and strollers.

Registration & Packet Pick-up at 7:30 a.m. Race starts at 8:30 a.m.

For more information, to register online, start your team, become a sponsor or make a donation visit www.hermescleveland.com

**All proceeds go to support services to people with disabilities
in Lakewood and throughout Greater Cleveland.**



NEW AVENUES TO
INDEPENDENCE, INC.

5K Awards! We have chip timing!

Short-sleeved Tech Shirts for Pre-registered Participants

Raffle (raffle ticket to each registered participant)



**Delicious Post-Race Breakfast provided by
Cornucopia Catering featuring Nature Bin's Favorites.**



15th Annual Neighborhood 5K Run & 1 Mile Walk

Saturday, June 10, 2017



NEW AVENUES TO
INDEPENDENCE, INC.



Location: This 15th Annual Race begins and ends at Lakewood Park, 14532 Lake Road, Lakewood, Ohio. Free parking is available.

Race Time: Race Day registration starts at 7:30 a.m. 5K Race starts at 8:30 a.m. Walkers start behind the runners.

Features: The course is fast, flat and is paved for wheelchairs and strollers. We have chip timing. Short-sleeved Tech Shirts for pre-registered participants (subject to availability). Delicious post-race continental breakfast. Raffle (registered participants receive a raffle ticket).



5K Awards: Prizes and Awards given to top three overall male & female runners. Top three male and female runners in each age group will receive an award. Age Groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & over. Awards presentation following the race.



Registration: Register online at www.hermescleveland.com. Online registration closes June 9 at 9 a.m. Hermes can be reached by phone at (216) 623-9933.

Mail-in pre-registration must be RECEIVED by Wednesday, June 7, 2017. Make check payable to Hermes Sports & Events and mail with completed form to Hermes, 2423 West 11th Street, Suite 2, Cleveland, OH 44113.

5K Run: \$20 Pre-registration \$25 Race Day Registration

1 Mile Walk: \$15 Pre-registration and Race Day Registration



Participant Name (please print): _____

Address: _____

City: _____ State: _____ Zipcode: _____

Phone Number: _____ Gender: M F

Participating: 5K Run 1 Mile Walk Date of Birth: _____

T-Shirt Size: S M L XL XXL Age on Race Day: _____

Email Address: _____

In consideration of organizers of 15th Annual Neighborhood Run, its employees, volunteers, and sponsors permitting (me) or (my child), _____ who is under the age of 18 to participate in the above named event, I hereby and for (me) and (my child's) heirs, executors, administrators and /or assigns, waive and release any and all rights and claims of any nature that (I) or (my child) may have against Hermes Sports & Events, Cornucopia, Inc., and New Avenues to Independence, their officers, employees, agents, executors, administrators, successors, and/or assigns for and against any and all injuries or damages of any nature which (I) or (my child) may suffer while taking part in any activities connected with this event. The release and consent shall be binding upon (me) or (my child's) heirs, executors, administrators and/or assigns. I grant full permission for organizers to use photographs of me and/or quotations from me in legitimate accounts and promotions.

Signature: _____ Date: _____

(Parent/Guardian if under 18)