



Welcome to the 3rd Annual Prayers from Maria 5K Run and 1 mile Walk! We are very excited to have you join us in what is sure to be an exhilarating race and fun filled morning with activities for the whole family.

The race will be held on Saturday, July 11th at Hyland Software in Westlake, Ohio. Registration and Check in will begin at 7:15am with the actual race starting at 8:30am.

Walk or run as an individual, family or as a team! Why not think about being a Team Captain? Invite your friends, family, neighbors and coworkers to join your team. The Prayers from Maria Foundation has partnered with Active.com this year to make registering and fundraising for the race on-line quite simple.

In this packet you will find information about the Prayers from Maria Foundation and childhood gliomas. There is also information on forming a team, registering on-line, communicating and fundraising on-line as well as, if you prefer, mail-in registration information. The on-line registration is simple and will provide you and your team members a quick and easy way to register. Once registered, your own fundraising page is created on-line. You can easily send e-mails to family, friends and neighbors inviting them to make pledges to your team. This process works for individual registrations too.

Additional copies of the forms included in this packet, more information about the Prayers from Maria Foundation and its efforts to fund research in the fight against childhood gliomas and registering for the race on-line can be accessed through the foundation website at www.prayersfrommaria.org.

If you have any questions or need more information, please contact:
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Team Coordinator
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For too long now children have been dying senselessly because there is not enough money to be made in trying to save their lives. Another avenue needed to be found. The Prayers from Maria - Children's Glioma Cancer Foundation was born out of love for these children and this dire need.

The foundation is dedicated to funding global research into the causes, prevention, treatments, and cure for childhood brain tumors known as gliomas; raising public awareness about gliomas and bringing hope to children and their families who deal with the hardships of this disease.

Childhood glioma research is grossly under funded. The cure rate for most brain tumors is significantly lower than that for many other types of cancer. There is simply not enough being done to find a cure and the public remains unaware of the magnitude of this disease.

The Glioma family of tumors account for almost 45% of all tumors. They are the second highest cause of cancer deaths among young people. 85-95% of children who are diagnosed with a high-grade glioma die within five years.

On April 1, 2006 founders Ed and Megan McNamara's daughter, Maria, was diagnosed with a glioma and given 10-12 months to live. Each night, Maria prayed for all children affected by cancer and their families. She prayed the doctors would find a way to help them.

On July 14, 2007 Maria died at the sweet young age of 7.

On Maria's birthday, January 11, 2007, the foundation was created to put Maria's prayers into action and bring an end to these statistics.

Change is needed.

Thanks to your help and the help of many others, we will be able to more rapidly advance our important mission.



Team Spirit for 2009 3rd Annual Prayers From Maria 5K Run and 1 mile walk

What is a team?

A team is a group of people who come together to support the Prayers from Maria Children's Glioma Cancer Foundation. It can be made up of family, friends, neighbors, co-workers, classmates or members of your book club, place of worship, health club, cooking club, etc.

Forming a team is a fun way to raise money for the Prayers from Maria Children's Glioma Cancer Foundation. And, it's easy to do!

1. Select a Team Captain. Someone who will be the "leader" or "cheerleader" for your team.
2. Register your team online. Go to www.prayersfrommaria.org. Click on the race under Upcoming Events. Then click on Register Today. This will link you to Active.com and the Race registration site. Click on "Team Captains – Create Your Team". You will then be asked to create a My Active Account. (Select B unless you already have an account). Once that is done, you will then create your team. Make sure you have your Team Name because you will be asked for it.
3. You are now ready to register. Go back and click on Register Now! You are not registered as a participant until you complete this step. Step 2 just created your team. Your team members can go right to Register Now and sign up. They too will need to create a My Active Account. Make sure they know your team name so they can sign up under the correct team.
4. Active.com sets up a fundraising webpage for each team member and helps with sending out e-mails. Funds will be tracked and you can view your progress on-line. If you receive cash or checks, that is ok too. That money can be turned in on the day of the race or mailed to: Prayers From Maria Foundation, P.O. Box 40064, Bay Village, Ohio 44140. All pledges should be mailed by July 8th. Checks should be made out to; Prayers from Maria Foundation.

5. There is no limit to the number of people on your team. Get everyone registered and you are set to go.
6. Set personal fundraising goals or set a team goal. Team Captains should lead by example and set a high fundraising goal.
7. Tell people how you got involved, your connection to the cause, who you are doing this for, etc.
8. Write letters or send e-mails to family and friends asking them to support your efforts. Tell them how easy it is to donate online or send you a check.
9. GET CREATIVE! Design your own shirts, buttons, and hats to wear on your walk/run.
10. Stay in touch with your team. Stress the importance of fundraising to further the mission of the Foundation: dedicated to finding a cure for childhood gliomas, while also providing information and assistance to families with children who suffer from them.

Frequently Asked Questions about Teams

- **Who should be the Team Captain?** The person with the most leadership skills on the team and is able to give the most time to the project.
- **Is there a minimum or maximum number of team members?** No. Teams can be as small as two or three walker/runners or as large as hundreds of walkers.
- **Can I walk/run if I don't have a team?** Yes. We think you will have more fun joining a team, but many runners/walkers come individually.
- **How do we raise money?** Write a letter or send an e-mail to family friends asking for their support. The website offers a safe and secure way to donate on-line! If you collect checks, either bring with you on the day of the race or mail them to the Foundation by July 8th:
 - **Prayers from Maria Foundation
P.O. Box 40064
Bay Village, Ohio 44140**
- **All checks should be made payable to:
Prayers From Maria Foundation.**
- **Mail in Registration can be done by printing a registration form found on the Prayers from Maria website, www.prayersfrommaria.org. Mail the form with the registration fees to: Hermes Sports & Events, 1624 St. Clair Avenue, Cleveland, Ohio 44114.**