

5th Annual

Junior Women's Club of Lakewood

# Great Pumpkin Fun Run & 5K Race

Sponsored By



All Proceeds Benefit  
H2O - Help to Others  
LakewoodAlive  
Lakewood Charitable  
Assistance Corp.

Halloween Costume Race

## October 18, 2009 • 9 am

**Race Day Schedule** | 8 am Registration | 9 am 5K Run/Walk | 9:45 am 1 Mile Fun

### Course

Start at Lakewood Park (Lake & Belle Avenues) through tree-lined streets of Lakewood. Fun Run will take place on the loop in Lakewood Park.

### Awards

Awards will be given to the top overall male and female runners, to the top three finishers by gender and age groups, and to the best costumes. The first 300 registered runners receive a long-sleeved t-shirt.

### Registration

**Entry Fees:** \$20 5K Adult (19 and older) | \$15 5K Youth (18 and under) | \$12 1 Mile Fun Run  
**Register online** at [www.hermescleveland.com](http://www.hermescleveland.com). Online registration closes 10 a.m. on October 16.  
**Mail in forms** must be received by October 15. Make checks payable to Hermes Sports & Events and mail to 1624 St. Clair Avenue, Cleveland, OH 44114.

## Great Pumpkin Fun Run & 5K Race

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age on race day: \_\_\_\_\_ Gender: \_\_\_\_\_

**Category:** \_\_\_ Adult 5K Run/Walk \_\_\_ Youth 5K Run/Walk \_\_\_ 1 Mile Fun Run

**Shirt size:** Adult: \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL Youth: \_\_\_ M \_\_\_ L

## Entry Form

MAIL OR DROP OFF TO:

**Hermes Sports & Events**  
1624 St. Clair Avenue  
Cleveland, OH 44114

Call: 216.623.9933  
[www.hermescleveland.com](http://www.hermescleveland.com)

**Waiver:** I hereby understand that upon my entry into the JWCL Great Pumpkin Fun Run and 5K Race, I waive any and all claims for damage that I may have against Hermes Sports & Events, the Junior Women's Club of Lakewood, and/or its affiliates, sponsors, or any person or entity involved in the production of this race, in regards to any and all injuries suffered by me while running, traveling to or from, or participating in this event, for myself, my heirs, and/or assignors.

\_\_\_\_\_  
Signature (Participant/Parent-Guardian if registrant a minor)

\_\_\_\_\_  
Date