

Hermes Sports and Events 2010 Road Race Series



The Road Race Series is open to all runners. It is designed to be a friendly competition and allows you to track your individual performance throughout the racing season. High school and college athletes are encouraged to participate, but it is your responsibility to clarify all eligibility requirements with your organization. Hermes Sports and Events assumes no responsibility for eligibility infractions or problems that may arise from an athlete participating in the Road Race Series.

The \$35 entry fee into the 2010 Road Race Series includes a commemorative technical hooded sweatshirt, updated series scoring, series-only discounts, a mid-year happy hour, and an end-of-the-year awards banquet.

Participation

- Participation begins after you register. If you compete in a race before registering, it will not count in the series results.
- Participants can register until July 10. No entries will be accepted after the start of the Winking Lizard "A Shot in the Dark" 4-Mile.
- You are still required to pay the registration fee for each race that you enter.

Scoring

- Results will be tracked online at www.hermescleveland.com
- To be eligible for awards, participants must compete in at least seven events. The best seven times for each participant will be counted in the final scoring.
- Points will be awarded following each event. You will get points for each race you participate in as well as points based on your finishing place.
- Scoring for the series will include a male and female open division (top five) and age groups (top three). Your age as of January 1, 2010 will determine your age group for the year: 10 and Under / 11-15 / 16-19 / 20-24 / 25-29 / 30-34 / 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65+

Participation Points

Distance	Points
5K, 4 or 5-Mile	3
10K, 10-Mile	5
Half-Marathon	7

Performance Points

Place	Points
1 st Overall	150
2 nd Overall	140
3 rd Overall	130
4 th Overall	120
5 th Overall	110
1 st Age Group	100
2 nd Age Group	90
3 rd Age Group	80
4 th Age Group	70
5 th Age Group*	60

*age group points decrease in increments of ten. Every participant after the 10th finisher in the age group will receive ten points.

2010 Road Race Series Schedule

- 02/13 Chili Bowl Classic 5K
- 03/13 St. Malachi Run 5-Mile
- 03/27 Independence Jog into Spring 5K
- 04/17 Old Oak Run 5K
- 04/24 Cleveland 10-Miler
- 05/01 Cleveland Clinic Celebrate Nursing Run 10K
- 05/02 Lakewood Hospital Ambulance Chase 5K
- 06/06 Solon Yates 5K
- 06/19 Ohio City Run and Crawl 5K
- 06/27 A Most Excellent Race 10K
- 07/10 Winking Lizard "A Shot in the Dark" 4-Mile
- 08/07 Cleveland Clinic Independence Run 5K
- 09/12 River Run Half Marathon
- 10/24 Amherst Skeleton Run for Your Bones 5K
- 11/25 Fleet Feet Sports Turkey Trot 5-Mile
- 11/27 Pigskin Classic 5K
- 12/04 Reindeer Run 5K

2010 ROAD RACE SERIES ENTRY FORM

By my signature, I attest that I am physically fit and sufficiently trained to participate in the 2010 Road Race Series and that I have full knowledge of any and all risks involved. In consideration of the acceptance of my entry into the 2010 Road Race Series, I for myself, my heirs, my executors, and administrators waive any and all claims for damages I may have against Hermes Sports and Events, all sponsors, and any individual associated with this event and will hold them harmless for any and all injuries I may suffer in connection with this event.

Name: _____ Age as of 1/1/10 _____ Date of Birth: _____ Gender: M / F

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____ Shirt Size: S / M / L / XL / XXL

Participant Signature parent/guardian if under 18): _____

Mail to: Hermes Sports and Events / 1624 St. Clair Avenue / Cleveland, Ohio 44114 or register online at www.hermescleveland.com