



Points

Male and female results are calculated separately.

Points will be awarded following each event. You will get points for each race you participate in as well as points based on your finishing place.

Participation Points	
Distance	Points
5k, 4-Mile, or 5-Mile	3
10k or 10-Mile	5
Half-Marathon	7

Additional Points	
Place	Points
First Overall	150
Second Overall	140
Third Overall	130
Fourth Overall	120
Fifth Overall	110
First in Age Group	100
Second in Age Group	90
Third in Age Group	80
Fourth in Age Group	70
Fifth in Age Group	60

Age group points decrease in increments of 10. Every participant after the 10th finisher in the age group will received 10 points.