

# STRONGSVILLE SUPER SATURDAY

Presented by PAT CATAN'S CRAFT CENTERS

## 1 Mile & 5K Running Races, Saturday, March 17, 2012

- Time:** 1 Mile @ 8:30am 5K @ 9:00am
- Racecourse:** Begin and end at Ehrnfelt Recreation & Senior Center at 18100 Royalton Road (behind Target). The 5K race features a very fast opening 1.5 miles before a challenging hill. The 1 Mile is flat and fast!
- Entry Fee:** Pre-registration: 1 Race - \$20.00 2 Races - \$25.00  
Day of Race Registration: 1 Race - \$25.00 2 Races - \$30.00
- Registration:** Make checks payable to City of Strongsville. Mail registration and payment to: 18100 Royalton Road, Strongsville, Ohio 44136 (Mailed entries must be post marked by Monday, March 12, 2012)
- On-Line Registration:** Register @ [www.hermescleveland.com](http://www.hermescleveland.com) - deadline is Friday, March 16, 2012 at 9:00am
- Race Shirts:** All pre-registered runners receive a cool three color "Cool Max" T-shirt.
- Awards:** Top three overall (male & female) and top three in each age group (male & female).
- Age Divisions:** **5K:** 11 & Under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.  
**1 Mile:** 6 & Under, 7-8, 9-10, 11-12, 13-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+
- Early Packet Pick-Up:** Fri, March 16 from 12-8pm at Active Runner (13500 Pearl Road, Strongsville, 440-376-8427 ~ next to Goldie's Deli) **Save 10% on any purchase at the time of packet pick-up!**
- More Info:** Call Chris Arold at 440-580-3264 or email at [chris.arold@strongsville.org](mailto:chris.arold@strongsville.org)



### Strongsville Super Saturday Entry Form (Please Print)

Program# 7000.974

CHECK RACE(S): \_\_\_\_\_ 1 Mile \_\_\_\_\_ 5K TOTAL FEE ENCLOSED:\$ \_\_\_\_\_

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

AGE: \_\_\_\_\_ BIRTHDATE: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ SEX (please circle): Male Female

TELEPHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

T-SHIRT SIZE (please circle): Youth M Youth L Adult XS Adult S Adult M Adult L Adult XL Adult XXL

Waiver: In consideration of the City of Strongsville, the Recreation Department and Hermes Road Racing granting me the permission to engage in the recreational activity set forth above, the undersigned does hereby waive, release, save and hold harmless and indemnify the City of Strongsville, the Recreation Department, their organizers, officers, employees, agents and sponsors, and Hermes Road Racing for any and all claims for damage from personal injury to me or loss of property which may be caused by any act or failure to act on the part of the City of Strongsville, the Recreation Department, their organizers, officers, employees, agents and sponsors and Hermes Road Racing. The undersigned further assumes the risk of all dangerous conditions in and about the City of Strongsville and its Recreational Department property both real and personal and waive any and all specific notice of the existence of such dangerous conditions, if any. I hereby grant full permission to any or all of the foregoing to use any photographs, video tapes, motion pictures, recordings, or and other record of this event for any legitimate purpose. We reserve the right to reject entries.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent/Guardian if Under 18 yrs)